

Assured Safety &  
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Looking out for your safety

Falls 



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# Falls Prevention

The term work at height applies to a wide range of situations ranging from the obvious one like working on platforms, ladders, scaffolds or stages to working alongside deep trenches. This is because the crucial thing to understand about work at height is that it's not how far you climb but how far you can fall. Falls doesn't just mean people falling from heights.

### Test and Certifications:

At the end of the course you will be given a test of 20 multiple choice questions. The required pass rate is 85%.

You will be able to download and print (if required) a digital certificate on completion of the course.

Main course certificates last 3 years. (Refresher courses are available and recommended every 12 months).

### Who is this training for?

This course is aimed at anyone who undertakes work at height, or who employs people who regularly work at height. All working at height situations are covered by health and safety legislation. These regulations confer legal duties on employers and employees to assess, control and minimise risks and hazards from work at height.

### What does the course cover?

Current legislation and the Work at Height Regulations 2005.

Assessing the risk.

Working safely.

Reducing and Controlling the risks.

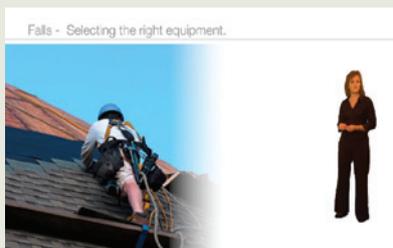
### Training Outcomes:

Awareness of current legislation relating to working at height.

Know what is required to work safely.

Recognise different types of access equipment and their use.

How to undertake a working at height risk assessment.



Video Presentations.

Interactive games.

Test and Certification..

“Falls from height remain the most common cause of workplace fatality. Last year there were 35 fatalities, 4,654 major injuries and a further 7,065 injuries that caused the injured person to be off work for over 3 days or more, due to a fall from height.”

HSE Executive